

LifePoints Long-Term Growth Portfolio
Quarterly Portfolio Disclosure as at March 31, 2012

Top 25 Holdings*	As at March 31, 2012
	Percentage of net asset value of the Fund
Russell Canadian Equity Fund Series B Units	24.5 %
Russell US Equity Fund Series B Units	18.7 %
Russell Canadian Fixed Income Fund Series B Units	17.6 %
Russell Overseas Equity Fund Series B Units	15.0 %
Russell Global Equity Fund Series B Units	11.1 %
Russell Global High Income Bond Pool Series O Units	5.4 %
Russell Emerging Markets Equity Pool Series O Units	3.9 %
Russell Smaller Companies Pool Series O Units	3.9 %
Net Asset Value (thousands of dollars)	\$ 521,850
<p>Note: The statement of investment Fund may change due to ongoing Fund transactions of the Fund. This list will be updated within 60 days of each quarter end and is available on our website- www.russell.com/ca. The prospectus and other information about the underlying funds are available at www.russell.com/ca or at www.sedar.com.</p>	
<p>* This Fund has only 8 holdings as at March 31, 2012</p>	